

MESSAGE FROM JEY, 1-31-05

JEY is here and is aware of those of you who are meeting at this time, for JEY is in your midst and will be with you at this time.

There is an opportunity for each one of you who is here to receive those blessings that you need most in your life at this time; and so JEY would simply come to bestow upon you the blessing that is needed at this time. Allow this to be done as JEY is in your midst.

We would ask you at this time to simply be at peace with who you are and where you are in this time of your life. Indeed, know that we who are in Spirit are pleased with those of you who are OMEGA for we do indeed find this opportunity to be with you as a blessing for us. And know that we come to you in Spirit, we are simply able to help you because it is God's will that we assist you in your journey along the way. You have been blessed in many ways to have received this opportunity to know more with regard to the Spiritual aspect of you; and so we would bless you greatly at this time in the name of God and ask that you receive those blessings that can come to you to help through this journey upon the Earth that you have been given. And so with that said, JEY is here to address that which is important to you at this time.

JEY has indeed heard your conversation, and as a result of having been here to tell you that you have been able to discuss those things that indeed do bring blessings to our life, and also those things that are critical to your life. Allow JEY to tell you that indeed there is an opportunity for each of you to progress in this life physically as well as spiritually. Know that as you have the opportunity to progress physically, you are to give thanks to our Creator that you have been given this opportunity during this lifetime. What JEY wishes to talk with you about at this time is simply the need that you have upon the Earth for those things of a spiritual value and those things of a physical value. There has been, as you know, those things which have been of some discussion with regard to an over-abundance of physical things and an under-abundance of those things of a spiritual value. And so JEY wishes to talk with you very briefly about the difference in those things.

As JEY talked with you about those things of a physical nature, this applied to those things which bring comfort to your lives and bring peace to your lives. We do not ask you to live a life that is without those things, but rather not to put too much of an emphasis on those things that are not needed in your life. In other words, an over-abundance of things. We ask you to be comfortable in your lifetime and to do those things that would bring you the needs that have in this lifetime. We would ask you not to put too much of an emphasis on those things that bring luxury to your life. This is not needed in this lifetime. And we would ask you then to put more attention upon those things of a spiritual nature. Know that your Spirit does take with it the knowledge that it has gained during this lifetime; and even as you are here as OMEGA, you are to value those things of a spiritual nature that come to you from these times of meeting and front those efforts that you make to learn more with regard to those things of a spiritual nature. So, with that said, JEY would recommend to you that you put more effort toward those things of a spiritual nature throughout the lifetime that you are given in order that you may know more which you may take back with you as Spirit when the time comes for your Spirit to return to the Spirit Realm.

This in fact does not mean that you go without the things that are needed for the physical life, but that you pay more attention to those things that are given to you of a spiritual nature that are of importance to you in this life and of the life to come.

As you are aware, there are those within your lives who do indeed need things of a spiritual nature. JEY would ask you to simply think about those in your life, who are part of your life but who need those things of a Spiritual nature that indeed you could give them. In other words, there are things that are information of a spiritual nature that you can pass on to all who are in your life. Know that each time you do this, you will make an inroad upon their thinking and upon their actions that will emphasize the importance of the spiritual truths that you can know and that you can share. And so JEY would ask you to remember this as you are in contact with those that you love and those that are in your life at this time. JEY does not ask you to simply go around be what you would call "a preacher" of those Spiritual facts that you know to be truth; but to share with others those things that have brought joy to your life. We do not ask that you be over-burdened with the fact that you must be a Spirit that lives as one who is in body for the importance of only preaching to others who are in your life. We do not ask you to do so. You know that you can share love, for we know that it is of importance to you and of importance to your spiritual life.

And so you can show love, even as you have been shown love in this lifetime. Allow that to be. You know you need to bring peace to others, as we bring peace to you. You can do this by showing the

peace that you have learned, showing the love that you have learned during this time as an OMEGAN. We would ask you to remember peace and love as you deal with others in your life. Do this. Share love with those who are in the Spirit Realm. We would ask you to remember those who have returned to Spirit, and ask that they be at peace; but we would ask you to remember those who are in body at this time and ask them to love those things that confront them in life and in fact can bring peace to those things in their life.

We who are in spirit look upon the Earth at this time and know that there are many countries upon this Earth who do not have the opportunity to know love, to know peace, and to know contentment upon this Earth at this time. In other words, they are struggling just to live. Know that they do need your prayers and they do need the help of you who are known as OMEGA in order to bring peace to their lives. And so as you think of them, send forth what is known to you as love for mankind in order that they may know love, that they may know peace, that they may know that which can bring them contentment in this life. Many who are spirit-in-body are struggling just to have enough to eat during each day of their lives to keep them alive upon the Earth. Know that indeed you can help others who are seeking during this lifetime for food and shelter upon the Earth. Know that those of you in this group who do not consider yourself wealthy can indeed give of your pennies in order to help others have a pleasing life upon the Earth.

And now allow JEY to say this to you. There is an opportunity now for you to be well acquainted with other opportunities upon the Earth to help mankind. JEY would ask you to simply look around you to find those who are in need. You will find there are many within your own area who are not only in need of love, but in need of comforting things such as clothing and food to eat. Know that you can share what you have in order to bring comfort to those people. And so find it within your means, within your heart, to share what you have with others. It may be very little and you think "That will not help others who are needing help," but know that you can help them in a small way that has great meaning to them during this lifetime.

And so with that said, JEY would ask each of you to be able to accept what is offered to you. Each of you will be offered something in this lifetime. Simply accept it in the meaning in which it is intended. Know that you will be able to find contentment and peace and joy in small gifts that will be given to you. Accept them. Be at peace with what is offered to you. And so now at this time, allow JEY to wish for you the blessing of the Creator, that you may have a peaceful life, that you may find that the work that you are doing does indeed afford a form of peace and love to other people. You may feel that you are contributing to those who are in need of very small things at this time, but allow JEY to say that a small gift given in a loving way is indeed worth the world to many people. May this be so in your life.

JEY would ask that you go in peace, as you give as others give to you, and that you may find an opportunity to help someone along the way as they live upon the Earth. Go now in Love. Amen.