

MESSAGE FROM JEY, 12-21-2003

JEY is here and is aware at this time that there is in your midst those who are in need of help with regard to that which is the physical self. Allow JEY to say this....that even as you are here gathered, your needs are being met; and those of us who are in Spirit and do have the opportunity to come and be with you are indeed asking that you would accept the energy which we bring to this group at this time. Know that as you spoke with regard to those things that are needed by many upon the Earth at this time, your prayers are heard, your thoughts are heard. And so we who come in Spirit and are here in your midst do ask that you would be accepting of the help that can be given to you at this time, whether it be for more understanding of the Truths that have been brought to you, or whether it would be of a physical nature....that which is the needs of your physical body at this time. We would ask that you be not backward, as you might say, in accepting the help that can be given to you.

Know that as you seek for those things that can be given to you by Spirit, be willing to accept when they are offered to you, for indeed they are yours to take, they are your right, your birth right. The Spirit Within you has the ability to help you in many, many ways; and among those abilities is the ability to simply ask for help from Spirit when it is needed. Know that physical health is not only in the hands of those who are known to you as the medical people upon the Earth. Your body can respond to the help of Spirit if you will allow it to be so. There are those things, of course, where it is necessary for those who in the medical field to work with you and to help with you; but know that the Spirit Within you has the strength and ability to so direct the processes within the body that your body can receive the help it needs through Spirit. And we would ask you to be open to such help! When you are in a time of seeking after healing, simply go into a time of meditation and ask that your Spirit would guide you in doing those things for your physical self that will be helpful to that physical self. We who are in Spirit would ask you to make full use of this ability; and know that those of us who are in Spirit, and do indeed have the ability to help to bring healing to your body, can come to you at the time when you request it be so.

At this time JEY is aware, too, of this....that each of you have within your life at this time those concerns that need to be addressed with regard to how you feel regarding the Spiritual aspect of you, and how you have come to be here in body at this time upon Earth. Let JEY say this....that first you chose to be here, as it has been known to each of you who are here. You have chosen to be back together as OMEGA as well. And so those of you who are OMEGA upon the Earth are here to seek after the fullest growth possible for your Spirit upon the Earth at this time. Allow your Spirit to simply receive information from you through your mental self with regard to things of a Spiritual nature that will help the Spirit Within you to experience all that it can in regard to the Spiritual aspect of your life upon Earth at this time. Each of you have had an opportunity to simply delve into the many beliefs upon the Earth. Know that as you have done so, the Spirit Within you has indeed grown in that respect. The Spirit has been open to the learning that you have had with regard to the mental aspect of you. Your Spirit is not just an entity unto itself! It is indeed part of your physical body at this point; and what you do as a physical being and a mental being does affect the Spirit Within you. Your Spirit is very discerning with regard to what it wishes to accept that you are giving it the opportunity to experience. Your Spirit has to be a discerning Spirit, as it is with all other Spirits upon the Earth; but know that there are some Spirits that are living now in bodies upon the Earth that do not have the opportunities that you have had. And so with your ability to accept information from many, many viewpoints upon the Earth, your Spirit has then been given the opportunity to understand much with regard to those things that have affected your life upon Earth.

JEY would at this time ask you now to continue to look into all aspects of religious beliefs upon the Earth....those things of a philosophical nature upon the Earth, those various ethnic groups upon the Earth, the various religions upon the Earth. Know that as you do so, you are allowing your mental self to convey to your Spiritual self those many, many outlooks upon the Earth with regard to life in body. JEY does not wish you, however, to simply burden your mental self with things that are not of a positive nature! Seek out only those things of a positive nature when you are opening the mental aspect to attempt to learn all that you can. But beyond that, you have an opportunity upon Earth at this time to reach out, as JEY has said before, to others who are struggling with regard to WHY THEY ARE HERE and WHAT THEY ARE TO BE DOING upon the Earth. Many think they are simply here to experience a physical life....which is very far from the Truth, for your Spirit has come back time and time again to once again enjoy the opportunity of experience. And so as you allow your mental self to go into those areas of learning that will provide experience of a positive nature for your Spirit Within, then allow it to be so.

JEY is well aware, however, of this one thing! Many times when you seek to learn more with regard to other things that you may not have within your very personal life, you may become very confused. That is not to be allowed to happen! Keep your Spirit Within foremost in your life as you attempt to delve into other areas of thinking. Your Spirit must guide you in that respect. Your Spirit does not want you to go hither and fall into any trap of thinking that would entitle you to become just a confused individual. That is not what you are about in your journey at this time! Seek after those things of a Spiritual nature that are beneficial to the Spirit Within you, and that are beneficial to you daily in your life upon the Earth. Perhaps this has been somewhat confusing to you; but know that you cannot shut yourself away from all things that are occurring upon the Earth. You are simply evolving in your thinking, evolving in your actions upon the Earth. And what you need at this point is the guidance of your Spirit Within and the guidance of the one who comes as your Guardian of Spirit. That Guardian of Spirit is with you to do as it says....GUARD YOUR SPIRIT so that it is kept from harm. Ask your Guardian of Spirit to be with you in your waking hours in order that you may not do that which is harm to the reality of you. Look upon the Spirit Within as a precious gem within this body, for indeed that is what it is...and you do not want to lose that nor do you want it to lose its luster for that gem within you is of the Creator; and if you think of it as a precious gem rather than just spirit, you will know that it is something that you need to cherish and care for.

And so realize that as you are here as Spirit-in-Body, you are here to protect that Spirit that is within you. Even as you are being given every experience upon the Earth which you have had, first and foremost you must consider the Spirit Within you.

Those of you who have concerns with regard to others upon the Earth who are undergoing hardships at this time or undergoing a loss, know that your prayers will be heard. Allow them to be sent for those who are in need of your prayers. We in the Spirit Realm will join with you in those prayers as well.

JEY comes now asking that each of you will leave this place with the knowledge that you have been blessed by being here. And as you leave this place, ask that your Guardian of Spirit will travel with you and be with you in your days to come. JEY would ask, too, that you would simply be mindful of all who come into your presence and ask that their Spirit Within them may be strengthened in order that they may be able to control all of those things of a negative nature that may be presented to them.

And so JEY would as this time ask that you go in Peace. JEY has come to be with you in the Will of the Creator and has been here in your midst with Love. Go now in Love. JEY will talk in the days to come. Go in Peace. AMEN.