

## MESSAGE FROM JEY, 10-05-2003

JEY is here and is aware of your presence, and is indeed in your presence. JEY comes at this time in the will of the Creator, and does come now to give information that will attempt to solve that which is the question which you have in your hearts and minds.

Allow JEY to say this. As you have been together at this time, you have discussed those things that have meaning to you and JEY would understand why you choose to discuss such things, for indeed those things which have been discussed do have impact on your lives and on your thinking at this time. Allow JEY to say, too, at this time that when there is an opportunity for those who are OMEGA to meet, take advantage of such opportunity for you grow in spirit and understanding during those times of togetherness. You can exchange ideas and discuss those things which you find of importance to you in understanding Spirit. JEY would ask you at this time simply to be in a continued meditation in order that the Spirit Within you may be able to come forth and guide in this which is a time of receiving more information.

JEY is aware at this time that you have questions with regard to those things which you have studied in the reading which you have discussed (JEY message September 21). JEY is aware, too, that there is much concern that each of you have shown with regard to those things that are occurring upon the Earth. As JEY has said to you in the past, do not fear, do not allow all your thoughts to be upon that which would be called the changes within the Earth. You have nothing to fear. There are indeed changes that are taking place, but know that each day upon the Earth there are changes not only within the Earth but within your own lives and the lives of others. And so this is an Earth of change; this is a life of change! You do not remain static; the Earth does not remain static. And so you will find that indeed there are those things occurring upon the Earth that may cause problems for many who are Spirit-in-Body; but know that you have no need of fear. JEY tends to repeat this so many times, but you need not fear! Fear is simply that which will destroy your own Spiritual thinking if you allow it to become a part of your daily thinking. So go forth each day with joy in your heart, looking for the Light that can be given to you that day. And know that as you seek for joy, you will indeed find joy. Let fear be NOT a part of your life at any time upon the Earth. You are, of course, Spirit within body; and body does indeed fall heir to much that is fearful; but know that your Spirit has the opportunity to guide you in those things that are necessary for the help of your thinking upon the Earth.

And with that said, JEY would at this time address another issue that has been brought forth. You have indeed asked for help in solving this which you cannot fully understand, and that is the return of Spirit to body and the decision that Spirit makes once again to inhabit a body. As you know, and as you have been told, the Spirits do indeed return to body because it is their choice to do so. There is no forcing with regard to that which is a return to the Earth or to any other part of the Universes, to once again inhabit a body. What JEY is aware of at this time is your misunderstanding with regard to a Spirit returning to body, as you have said at a time too soon after leaving a body. Know that it does occur (that a spirit returns), but know that the Spirits have that which is a freedom of choice and may return to a body when a body is available, at a time of their choice. That Spirit does not come back hampered in any way. It has the full range of abilities that the Spirit has always had down through the eons, as that which is a Spirit. And so the Spirit brings with it the abilities that are needed to inhabit a body. This does not say that a Spirit may return too soon; but know that in your way of thinking, 'too soon' may be during a period of time that YOU consider soon upon the Earth! Within the Spirit Realm, where time is not calculated as you calculate it upon the Earth, the word 'soon' would have no meaning. And so as we have said to you before, all is happening now. When a Spirit does choose to return to Earth, it may do so; and as it does, there is always a right time for that one to return. It is known that there have been those who have put forth the ideas that if a Spirit chooses to return to Earth as you would think of as 'soon' after having once returned to the Spirit Realm, that indeed they can come and bring back with them many of the problems that they have known before. But know this.....the problems do not affect the Spirit. The problems affect only the physical and mental self. The Spirit is still one of strength and still one of the Creator; and so you need have no fear of that.

Often times there will be those Spirits return to body in the same environment from which they left. This is where the problem begins for that body upon the Earth, when the Spirit does not choose to go to a new environment but rather returns to one that has been similar to the one that caused problems for that physical body and mental body in the beginning. And so it is wise for those Spirits to simply take time to choose that which will be a body, a family, a place upon the Earth that will not give to it the same

experiences that it had in a time past.

And with this said, JEY can simply say to you that each of you who are here have chosen wisely upon the Earth at this time. Know that you have chosen for different reasons, but you were all aware when you returned to the Earth Plane as Spirit-in-body....you were all aware that you were going to fulfill your purpose upon the Earth, that you were going to be those who are OMEGA upon the Earth at this time, and so know that you need have no concern with regard to whether you or any of your loved ones have returned to the Earth as you would say 'too soon'. That is not to be.

And so at this time JEY would ask this of each of you. As you at this time attempt to meditate on that which you see is a need for help for the upcoming gathering of OMEGA upon the Earth, it is important that you allow your mental self to simply be at peace and meditate on that which is to be....and that is an ingathering of all who can come to be once again in group as OMEGA. It is important that they do so at this time. And so JEY would ask you each simply to meditate as JEY continues to talk in that regard.

As JEY can see it at this time, the importance of OMEGA getting together at this time is that it is necessary, and there is an importance to this because ahead of all of you upon the Earth there are many things that you must deal with mentally as well as physically. And so as you gather once again as OMEGA, you will find that your own ability will be enhanced to deal with whatever may be ahead for you. JEY would suggest this for you as you attempt to work out that you which you call a 'program'. Each one who attends should be allowed some time to share information that they have with regard to where they feel they are in their own Spiritual growth at this time. Allow them the opportunity to speak to all the group that is present, because it is in such communication that you become more solidly formed as OMEGA as you have the opportunity to share your thoughts with the others who are here. You will find there is solidarity within the group, and this is totally important for each of you who are here as well as those who will be attending the meeting of those known as OMEGA.

JEY would ask that you make an effort to contact all who have been OMEGA upon the Earth at this time. JEY is aware of the efforts that are being made now. Each one needs to reach out to another and employ the help of all who have been OMEGA, that they may in turn be able to find another who can come to this meeting. And JEY would say this as well. As you meet for a time of planning that which will be a 'program', invite JEY and others who are in Spirit to be in your midst. It will be important that you will receive a Spiritual input into that which will be your planning. And has been a practice in the past when there has been an OMEGA ingathering, there will be an opportunity for JEY and perhaps others to communicate to the entire group. This is necessary for that which will be the full gathering. And know that there are many now who are considering making arrangements to come to this which will be the gathering.

And so at this time JEY would ask one other thing of you, and that is that you be alert to opportunities in your life. If you have a need at this time, simply ask that your Spirit guide you in seeking after that which you need at this time; and as you do so there will be opportunity to further advance in fulfilling that which is the desire of your life at this time. Allow that to be. JEY cannot interfere with your lives, but JEY can urge you with regard to actions that will benefit you. And so JEY would simply ask that you be one who will seek after that which is the desire of your heart at this time in order that you will find that which is necessary for the good of your livelihood and the good of your life at this time. Simply be in prayer. Ask your Guardian of Spirit to help you in making the decisions that you need to make that will be important for you. Each of you have a need. Each of you have those whom you love and who have needs. Know that your prayers and thoughts have been heard, and JEY can tell you that we who are in the Spirit Realm will seek to do that which has been requested of us. We do indeed have an opportunity and we have a responsibility; and we will do that which is necessary to fulfill the needs that you have.

At this time allow JEY to say one final thing, and that is this. You who are OMEGA have brought much joy to JEY as JEY has worked as Gatekeeper for OMEGA. JEY does indeed feel the love and concern and joy each time we are in your midst and do communicate through this which is the voice. JEY would ask that you continue in keeping those of us who are your Guardians of Spirit in your prayers as well, for we too hear your prayers and we do benefit from your prayers. Know that we are thankful and we do send forth our appreciation to you, and we would ask the Creator of Us All that the Love and Joy that you can feel can be showered upon you at this time when there is such a great need.

Be at Peace and know that JEY would ask that all who read this message can feel the Love of the Creator that can surround them at this time. Go now in Love. Be at Peace, and may you know only that which is the fulfillment and the desire of your life. We ask that you go now in Peace and Love and that your life will be one of Joy. AMEN.