

MESSAGE FROM JEY, 6-18-2003

JEY is here, and JEY is well aware of the importance of this time which you have had together. Understand that as you come and meet as OMEGA that you are indeed inviting those of us who are in the Spirit Realm to come and be in your midst. And so it is, that as JEY is here there are others here as well.

We who are in Spirit do welcome the opportunity to be with you who are Spirit-in-Body as you meet to discuss those things that are of great importance to you. JEY is aware of all that you have discussed at this time and will say that as you have had the opportunity to share your thoughts, others in turn have been given new opportunities to express their thoughts as well. And so we who are here in your midst do come to you with Truth and much Love as you are gathered here. Allow it to be known that what JEY will say here will indeed be sent out to others who are not here at this meeting of that which is known as OMEGA. And so it will be that there will be many who will become aware of those things that have transpired during this time of meeting. Be at peace with that.

What JEY wishes to discuss with each of you at this time is simply this. Mankind does indeed come to Earth with a purpose. Each one who lives as Spirit-in-Body does indeed arrive upon the Earth for a purpose. Not all are aware at any time during their lifetime of that purpose, because they do not seek to know what their purpose is. Yet, there are many who have the opportunity to fulfill some of the purpose for which they came; and many who have the ability to completely fulfill the purpose for which they came to Earth. The Spirit does indeed have a desire, when it does agree to live within a body upon the Earth, that Spirit comes with a noble purpose. It comes with a purpose that needs to be fulfilled. And yet the physical aspect, the mental aspect of the physical body, does not always have the opportunity to fulfill the purpose that the Spirit needs.

What often happens is this. The mental aspect of the body simply believes that it is the important and controlling aspect of this body which is inhabited by your Spirit. Sometimes there is no effort to learn of the connection between the mental and physical aspect with that which is the Spirit Within. You who have lived during this lifetime in the land in which you have lived have been subjected to that which you have called religion that does indeed allow you to know that there is the existence of a Spirit Within you. And so often, even though mankind does not always have the opportunity to allow that Spirit to control life as one who is in body, still there is an awareness and often a curiosity about what the Spirit is supposed to be and what it is supposed to accomplish while it is living within your body. And now that you have been on this search throughout many years for a deeper understanding of your relationship to the Creator of All That Is, you are now aware of that Spirit that is within you and the purpose for which that purpose came to Earth.

As you have now lived many years as Spirit-in-Body, you have learned many things that have influenced your Spirit and given that Spirit Within you the experiences for which it came. You are now aware that you are here to fulfill a purpose upon the Earth that was decided many eons ago as you lived in the Spirit Realm. And so as you have gathered once again as a group, many who are not here...but many who are upon the Earth as a group known as OMEGA....know that those were decided within the Spirit Realm and your Spirit came to Earth at this time as a choice to simply fulfill that which was known to be the purpose of all who are OMEGA.

You are living within a time of much change upon the Earth right now.....not only that which are physical changes which are taking place, but the mental changes which are taking place among those who are mankind. Even YOU who are known as Seekers After Truth upon the Earth have found that you are changing with regard to how you are thinking and how you are feeling about others who are Spirit-in-Body, and that is good because part of your purpose as well is that you begin to accept all of mankind as that which is the creation of the one who is the Eternal Spirit.

That which is the Spirit Within each physical body upon the Earth, and which has always existed within a physical body upon the Earth, does indeed come here upon the Earth at this time to experience once again life as a Spirit-in-Body.

If you could talk with your Spirit at this time, what would you ask your Spirit? If your Spirit could respond to you in a verbal way, what would your Spirit say as you ask a question of that Spirit? How would it respond to you? That is important for you to begin now to understand. Here you are..... an embodiment of that which is the Spirit Within, which is OF the Creator. The strength of that Spirit is not even known to you in full! But just to know that the Spirit is OF the Creator must bring to you great visions with regard to the wisdom of that Spirit and the strength of that Spirit that is Within You. And yet,

we as Spirit-in-Body have little understanding with regard to how we would communicate with that Spirit. And so JEY would ask you at this time to simply think of one question that you would ask the Spirit Within you. Take time to think of it, first in a mental way, and then try to silently verbalize the question that you will ask of your Spirit. And now try to visualize yourself actually talking with your Spirit. Can you allow your Spirit to withdraw from your body and simply stand beside you, and then allow you to talk with that Spirit even as you would talk to a friend who is sitting beside you? That Spirit is the REALITY of you! What is the question you will ask of that Spirit? If this were the only time that you would be able to communicate with your Spirit, what would the question be?

And then as you think upon that, knowing that the Spirit Within you is the reality of you and is OF the Creator, how will your Spirit respond to the question that you have mentally given to that Spirit? How will your Spirit respond?

You have here an opportunity, not only at this time but every day of your life, to communicate with the Spirit Within you. This was simply an exercise in helping you to visualize that indeed you can stand apart from your Spirit and communicate with that Spirit if you are willing to be receptive of the thoughts that can be received from your Spirit Within you.

Even as you have allowed your Spirit many times to take leave of your body as you sleep and go to work with others throughout the Earth, know that you can ask your Spirit to communicate with you during your time of sleep and during your waking time as well.

It is important that you utilize this opportunity that you have to fully know that you can communicate with the Spirit that is within you and accept that! As all who are OMEGA receive this message, it is the wish and desire of JEY that each one who is known as OMEGA and who is upon the Earth Plane at this time will allow themselves to be led through a similar situation. You might call this an exercise in 'play acting' if you wish to do so, in very simple terms. But it is more serious than that, because your ability to communicate with the Spirit Within you will indeed be important to you when there is a time that may lie ahead when your services are needed upon the Earth. You have seen many things happening upon the Earth at this time that have brought about much in the way of sadness to many because they were helpless as to what they should do in a given time upon the Earth. You have seen this occur in your own area when there has been a sudden accident that has taken the life of another who is very near and dear. And yet you were helpless as to what you should do in a time such as that. Begin now to seriously consider that you need to communicate daily with the Spirit Within you in order that you may be receptive of those things of Spirit that you need to understand, but also to get that which is the mental aspect of you to begin to communicate in order that your Spirit may communicate. Your Spirit is willing. It is simply the mental aspect of you that is, as you would say, "dragging its feet" if there is such a thing as feet for the mental aspect. That is indeed an expression that you, as Spirit-in-Body, use on occasion when someone is not doing as they should! You are aware of that.

And so JEY is here now simply to encourage you, to urge you, to begin daily to communicate with your Spirit. This can be done easily while you are sleeping, and there is nothing to interfere with the mental self. But during your time of awaking it is more difficult for you to communicate with Spirit; and so if you will use this exercise which JEY has used with you at this time and simply see your Spirit standing beside you and attempt to communicate with that Spirit by asking questions mentally and then verbalizing if you need to, and then allowing your Spirit to communicate with you, you may receive the message, the answer that is necessary.

You are living in a difficult time upon the Earth. Mankind has lost sight of that which is the path he came to follow upon the Earth. Mankind becomes too centered in that which is a certain belief or a certain way of doing things. And so it is important that throughout the Earth all mankind must begin to understand that the reality of them is indeed the Spirit Within them. And as that Spirit has the opportunity to work with the mental aspect of all who are Spirit-in-Body, you will find that the Earth and the people upon the Earth will change in their way of thinking. You who are OMEGA must make that effort NOW to change first; and as each of you change, there can then become what you would call a "landslide" of change in the thinking and the behavior of mankind all over the Earth. Even as your Spirit was allowed to go to work with leaders throughout the Earth, you are seeing changes that are being brought about. JEY is not saying that every change is due to what you were allowed to do; but know that what your Spirit was allowed to do has had a great impact upon the thinking of the leaders of the Earth. You have seen this occurring; you will see it occur more! Continue to allow your Spirit to go forth as you sleep; but add to that in your day of waking, allow that which is your mental self to communicate with the Spirit Within you so that your Spirit can communicate with you mentally, so that you will understand what is being said to

you and what is needed at that moment.

JEY comes now so thankful for those of you who have dedicated your lives to becoming Seekers of Truth upon the Earth. We who are in the Spirit Realm rejoice in the progress you have made, and we give thanks to our Creator that you are gathered once again upon the Earth Plane to fulfill the promise that you made while in the Spirit Realm. You will indeed find that there is much ahead for you in the way of great joy as you allow this exercise to be carried over so that you may become aware of the communication with your own Spirit.

JEY comes to give thanks for those who are known upon the Earth as OMEGA, and all that they can do. But JEY also gives thanks for everyone upon the Earth who is seeking after Truth at this time and is seeking after Peace at this time, for indeed you and others are Peacemakers, as JEY has said before, upon the Earth. This must continue. It must not fail, for if mankind fails at this time in making peace upon the Earth, there will be many eons that will pass before mankind has the opportunity again in the future. It is known now that it is possible to make peace upon the Earth. We who are in the Spirit Realm are seeking to help in all the ways that we can help as Spirit. We send out our prayers. We go to those who are Spirit-in-Body and attempt to work with those Spirits, urging on this very fragile time of peace upon the Earth. *It can be done! It must be done!* You have no other alternative upon the Earth at this time than to work toward peace. Failure will bring great harm to the Earth and all who live upon the Earth. You cannot fail. It must be done. You have an obligation now and a responsibility to do all that you can do as OMEGA. May it be so.

Go now in Peace. And JEY would ask that our Creator of All That Is would indeed surround you with the Light of that Love which can give you the strength and determination that you need upon the Earth at this time. Go now in Love. AMEN.