

MESSAGE FROM JEY, 5-19-2003

JEY is here and is much aware of this meeting, inasmuch as JEY has been in your midst during your time of meeting. Allow JEY to say this. You have touched upon many subjects during this time of meeting; but know that there are no barriers to that which is Truth. And so JEY would come at this time to share with you the many things that can help you during this time.

Allow JEY to say, too, that as you gather here as those who are OMEGA, it is known that the time of meeting is spent in that which will benefit each of you who are here, for indeed you have an open inquiring mind; and you also have a Spirit Within you that is attempting to guide you in your thoughts and in your actions upon the Earth at this time. And so as JEY is here in your midst and can make use of this voice, it is important that you attempt to remain in meditation; and JEY will make an effort to communicate those things that are important for you to hear at this time.

Be at Peace. Know that indeed you are here for a purpose. That which is the body that houses your Spirit, which is of the Creator, has indeed served well during this time of meeting and during this lifetime upon the Earth. And so as JEY comes now to address you, and others who are OMEGA upon the Earth, you will find that there has been information given to you that will benefit each of you who are here.

JEY comes now simply to allow you to know more with regard to that which has been discussed concerning the reading that you did. (We read and discussed the Message from JEY, 5-6-2003). It is important for you to be ready to accept this which is brought to you as Truth, for indeed JEY comes only to give Truth. And now as you remain in a time of meditation, JEY will continue in a discussion that you began!

There is in this lifetime upon the Earth as Spirit-in-Body always an opportunity to make a positive life upon the Earth. Those of you who are Spirit-in-Body and who are known as OMEGA upon the Earth have been attempting to live a positive life upon the Earth; and yet you are finding there are those things that interfere many times with this which you are attempting to do upon the Earth. But know this! You have not yet reached a stage of perfection when it comes to the mental aspect of you, and the physical aspect of you! That which is your Spirit Within you has indeed been able to be perfected during the many lifetimes that you have lived, and yet it saw a need to come back again in this physical life upon the Earth. But know that even though the Spirit Within you is strong and does indeed want to help you in this lifetime, still you have that which is a strong physical and mental aspect that often can overcome the will of the Spirit that is within you. And so as you attempt now to go forth with your life, doing that which is the will of the Creator and stimulating that which is the experiences that your Spirit is to receive, often times the mental aspect of you is not willing to accept that experience or that activity that is needed for the Spirit Within you.

JEY comes to offer advice at this time; and know that JEY does not come simply as a teacher at all times, but at this time JEY would simply be willing to serve as a consultant for you and offer some advice for you at this time.

As each of you are involved in doing that which will provide opportunity upon the Earth for you to what you would call 'make a living', know that JEY is well aware of all the trials and temptations and tribulations that you have in this lifetime as Spirit-in-Body. Often times, because of your efforts to do all that can be done to help others upon the Earth...inasmuch as that is part of your life upon the Earth, to help others, to love others...know that you often are led to become more encumbered with work that would not necessarily be that which you should be attempting to accomplish. You can understand this, as a Spirit-in-Body. JEY can understand that. But you must be willing to forego, many times, the desires of the mental self and the desires of that which is your own thinking, in order to fulfill that which is the Spiritual aspect of you. And so JEY simply will say to you there comes a time when you are living in body upon the Earth...that which is the Spirit Within you is living in body upon the Earth...that you must be willing to set aside a time where you will be allowed a time for meditation, allowed a time of introspection, and know that you can indeed allow this to be so.

We who are in the Spirit Realm are all too aware of what life in body is like! We, too, were involved in a lifetime upon the Earth that was much too demanding of each of us, as a Spirit-in-Body; and so we were not always able to fulfill the purpose for which we came to the Earth. JEY is not saying that you need to simply cast off the responsibilities that you have as a Spirit-in-Body, but rather that you should indeed give caution to how much you are allowing that work to simply encumber you upon the Earth. Do not come to the point upon the Earth where you are not allowing the Spirit Within you to be a guiding force

in your life. Listen to the Spirit Within you. Listen to that which will be the demands of your heart, and know that you have an opportunity in this lifetime to overcome many things that have happened in former lifetimes. And so it is important for you to listen to the call of your Spirit Within you in order that you may be able to overcome much that was indeed, as you might refer to it, something that would 'hold you back' from a former lifetime.

You must be aware that you are here because you chose to be here. You knew when you chose to be in this lifetime upon the Earth those things that would burden you during this time of life. And so you did indeed want to be here, because it was an opportunity for you, as a member of OMEGA, to be here to share with others who were OMEGA upon the Earth in order for you to fulfill the purpose of OMEGA upon the Earth at this time. And so JEY simply would ask you to be alert to all those things that are encumbering your life at this time. Seek to weed out that which is taking from you the energy that you need in order to have Joy upon the Earth at this time.

JEY has indeed talked about Joy, the necessity of Joy, many times; but it is important that you know Joy, that you know Peace as you live as Spirit-in-Body at this time. There is no opportunity for many who are OMEGA, because of the importance for work that does give them an opportunity to fulfill an aspect of their life, there is no opportunity often for that lifetime to provide a time where you may be quiet, be still, and listen for the Spirit Within to come to you and share with you in order that you may feel the joy of knowing the Spirit Within you. That which is your Spirit Within yearns to help you each day of your life, and it can be so if you will allow it to be so!

As you have mentioned that which is a dream state during your lifetime in recent days, JEY would offer this to you as well. Many times when you are experiencing a dream state during a time of sleep, your Spirit is attempting to communicate with you in a symbolic way. Know that you can indeed pull from those dreams much in the way of truthful meaning of the dream if you will take the time to meditate on the dream which you have had. There is indeed a symbolic meaning of each dream that comes to you; and when you can remember dreams vividly, it simply means that you can, through meditation, pull from the Spirit Within you that which is the meaning of a dream which you have had. Your Spirit must often communicate with you in a symbolic way, and it can be done through that which you call a 'dream state'. Allow JEY to say that as you have an opportunity to dream and to feel that it is important to know the meaning of those dreams, JEY would like the opportunity to come and communicate with you, at a time when you have the opportunity to be in a time of meeting, in order for JEY to communicate with you about the meaning of those dreams. JEY would not take that liberty at this time; but know that dreams that you experience are very private to you, and JEY would not attempt at this time to communicate the meaning of the dreams to you. What JEY would ask you to do in a future time is to allow a time when JEY can communicate with those of you who would wish some clarification of dreams which you have had. JEY would ask you to meditate on those dreams in order that you may be able, with the help of your Spirit, to pull from your memory a deeper meaning of the dream which you have had.

JEY comes at this time mindful that you have within your lives now varied opportunities to help others. Do not let those opportunities slip by, especially when you have an opportunity to let someone know of the Spirit Within them and that the Spirit is OF the Creator and can help them in many ways. But above all let others who come into your presence know of your love for them. That indeed can bear fruit many times because there are many who have no opportunity to feel love upon the Earth. Let them know of your love, through a smile or a touch or simply a kind word. It will indeed help many who come into your presence. And so JEY at this time would simply seek that you allow your thoughts to be sent forth to others. Know that if you have a need for JEY to come to you, simply ask that it be so. In a time of meditation JEY can indeed come and communicate with you.

And so at this time be at peace with what you have discussed during this time of meeting. Know that there are times in the lifetime of everyone who is Spirit-in-Body when there will come those moments of frustration; but know that nothing is impossible if you will allow your Spirit to help you overcome all those things which are difficulties in your life. It can be so. And so at this time JEY would ask that each of you go from this place in peace; go from this place knowing that the Spirit Within you can help you in many ways; and know that your own Guardian of Spirit seeks always to help you when there is a need.

And so JEY at this time would ask that the blessing of the Creator be upon you, guide you and help you through this life upon the Earth. Indeed it has not been an easy life for those of you who are here at this time. Go now in Peace. Attempt to know Joy and Love each day of your life. AMEN.