

May 25, 2002

JEY is here and does come now at this time to be with you and has been in your midst during this time of meeting. It is important for each one of you who are here to understand that as you meet for this time together as OMEGA, there are others throughout the Spirit Realm who do indeed meet with you in thought as well. In other words, we who are in Spirit can come and be in your presence and send a thought to you that you in turn can express. We would ask you to be aware of that as you meet together and discuss those things of importance to you. So JEY is here with you, as are others who are here in Spirit.

At this time allow JEY to say this to you. As there is now an understanding of those things of Spirit with each of you who are OMEGA, it is important that we now move on to other things that can be important to you as you live upon the Earth Plane. You now have found that within this life upon the Earth, the Reality of you is indeed your Spirit; and that which is Spirit is of utmost importance to you at this time. You are aware, too, that you need to take great care of the physical body in which your Spirit resides; and you have indeed come to the point where you are giving your body the care that is needed.

What JEY wishes to say to you now is this....that you now be open to those things that are of a greater depth of understanding than what you have been led to receive in the times that have passed. You are seeking to know more about those things that are physical upon the Earth Plane; and yet the history of such has escaped many who have sought to understand those things of a physical nature upon the Earth. (We had been discussing Egypt, the pyramids, etc.) You who are Spirit-in-Body and yet have a physical body and a mind are seeking to understand more and more at all times with regard to that which is your life upon the Earth, and in regard to the lives of many others who have lived upon the Earth.

And so JEY now comes with the knowledge that you can indeed understand and accept many things that can be given to you at this point with regard to your life upon the Earth. Understand that as you live in a physical body, you have the opportunity to use the mental aspect and physical aspect to simply take you through the experiences that your Spirit needs upon the Earth. But you have a yearning for more! You have a yearning to be able to, as you might say, dig deeper....in other words, to find out more with regard to why you are here, where you have been before, about the many lifetimes that you have lived upon the Earth, and whether or not you did seek after more Truth at that time.

JEY can tell you that as you live in body upon the Earth at this time, you are in an advanced state of life, for you have come down through many eons of having lived and having sought after knowledge; and you are aware deep within the Spirit of you of much of those things about which you have been talking. And if you will allow your Spirit to come forth, and in a dream state at this time, that Spirit can reveal to you much about that which you are describing upon the Earth now... a study which one in the group is undertaking with youth upon the Earth. (Preparing for a summer youth camp for children, with a theme of "Egypt.") You have the ability to call forth much information during that time in your sleep. JEY would ask each of you to request, during a time of sleep, that the knowledge that you had during the time upon the Earth when those great monuments were built, that you be able to regress back to those times during your sleep in order to find the information for which you are looking. It can be done. Indeed those of you who are living upon the Earth at this time and are known as OMEGA have indeed traveled through many lands upon the Earth; and that includes the area which you have been discussing.

We have indeed been able to give you information from many lifetimes past. Most of you do have an opportunity now to go back and seek beyond what you know upon the Earth at this time, and it can be given to you again during a sleep state. So JEY would ask that you simply seek to meditate prior to the time of sleeping, ask that these things be shown to you, ask that the

history be re-opened to you in this time of life upon the Earth, and indeed you will be amazed at what can be shown to you during a time of sleep.

At this time JEY wishes also to say this to you. Even as you are aware that you lived during the lifetime of Jesus upon the Earth, you can be assured that you have lived during the lifetimes of many others upon the Earth who embodied the Christ Spirit. It was not only the one who was Jesus that embodied the Christ Spirit during his time of serving upon the Earth; but there were others as well that lived in an embodiment now known by name upon the Earth. And so at this time JEY would simply come to be with you and allow you to know that you are not bound only to this body upon the Earth. You have recall within your Spirit of many lifetimes in the past, when you chose to be on Earth, when you chose to learn all that you could with that lifetime upon the Earth. This should be exciting to you who are OMEGA! You who are Spirit-in-Body at this time have within you the tools that you need to go back, to do the research that is necessary for you in order to learn more about those lifetimes.

If you will be willing to allow your Spirit to guide you during your time of sleep, that Spirit can indeed come forth and give you many messages that will be of value to you. You have that which you may like to call a "Library of Information" within the Spirit within you. Simply call it your own "Private Library," because indeed that is what it is! It carries within it those Spiritual things that were learned down through your life times.....not only on this planet which you call the Earth, but upon many other planets in other Universes. You are not relegated simply to live upon one planet in one Universe. The Spirit Within you is rich with information which can be made available to you. This should not be a surprise to you, for you indeed have learned that you have the ability to access information from others who have come to you. The one known to you as SECHA has indeed been able to come to you from another Universe, another Planet; and if that one now can travel to you whether by thought or by other means, it is now known to you that you have the ability to reach out and travel to other places as well.

Allow your Spirit again to travel, to be free; but you must give it that permission to do so. And you must be able to know that Spirit will return to you and once again reside in your body. Know that you have the freedom to do that. You have the freedom to travel and reside in those places once again that it knew as a Spirit-in-Body, and then to come back and give you the information that you are needing and looking for at this time.

JEY finds great joy in this, for JEY as Spirit has the freedom now to move freely throughout the Universes. JEY indeed lives in the Spirit Realm as Spirit, as Energy, and does have the opportunity and ability to travel where ever JEY desires to go. And all JEY has to do is to think upon it, and JEY can be there! This is one aspect of the Spirit Realm that you have no memory of, but indeed it is available to you as you are in a sleep state.

Be at Peace with this! Know that it can be done. Each of you have the ability to do this, and you do not have to live during a time of trance or isolation from all others upon the Earth. It is so easily done and so quickly done in your dream state, when your Spirit can be freed from the body it inhabits at this time. Give thought now to simply practice the opportunity that you have. It is one of joy. You now are so fully immersed in that which is your Spiritual thinking, and you are now free to undergo these opportunities that you have.

It is now time for JEY to allow you to know that it is the will of the Creator of All of Us, of All Things, that you be able once again to enjoy the freedom of Spirit which you have within you. Give thanks to our Creator for that, and know that we who are in Spirit will indeed be in your presence simply to protect you as you allow your Spirit to be out of body. We will be there to protect your Spirit. Go now with Joy in your heart! Be free to do what you are allowed to do; and know that we who are in Spirit come to surround you with Love and with Joy at this time. And we are giving thanks that you are now at a stage in Spiritual Growth where you have the opportunity and freedom to allow your Spirit to go where it would go at this time upon the Earth. And know that you will be safe, that indeed your Spirit will return to body, and you can once again be Spirit-in-Body as you awaken from a deep sleep.

Praise the Creator that you have the opportunity and ability to do that. It is with great Joy that JEY has been here to communicate this information for you. And JEY will return to communicate through the voice of this one when there is again a time of meeting. Go in peace! Go with great Joy! And give thanks and praise to the Creator of Us All. Go now in Love. AMEN