

August 27, 2000

JEY is here and does come now because there is a purpose for a communication at this time. Know that JEY does come in the will of the Creator and does come with Love for each of you. It is important that you are here at this time and that another is in your midst who does have a desire to become more knowledgeable with regard to her own spiritual identity. And so at this time JEY comes to address that issue.

It is important that each of you who are here accept the knowledge that can be given to you through your own Spirit. You often have an inclination to receive a thought that may be important to your life upon the Earth; but often that is a fleeting thing and you pay no attention to that which has occurred. But know that as those thoughts...which have been unasked for...come to you and they are thoughts of a very positive nature, indeed, this is your own Spirit communicating with you; and it is urgent that you listen to that which is being given to you! At this time JEY would also admonish you in this way. As you speak of those things which are not of a positive nature, those things which you wish to overcome in your life, know that this can be done and that you can overcome those unwanted aspects of your own personality by simply asking that they be taken from you. And then you can ask that the vacancy left by those unwanted aspects of your personality be filled with positive aspects. It can be done! Know that there is not a vacuum left in your life, but rather it is to be filled with those aspects of a positive nature that will encourage and help you to live a more fruitful life upon the Earth Plane. You are searching, seeking for that which will be a lifetime filled with the good that you can do upon the Earth, with that which will be fruitful for you. And as you seek for, and ask for, these things to take place in your life, they can be given to you. You simply need to reach out and accept them, because these are the things that are important to you in this life. And so JEY would continue with additional thoughts in this regard.

Each of you have within your very being that which is your Spirit. And your Spirit is OF the Creator, as you well know. Your Spirit is that which is an aspect of you of great beauty and great ability to help you get through this lifetime upon the Earth in a manner for which you will be very thankful when the end of this life comes. You will look back upon this lifetime upon the Earth and rejoice as you once again return to Spirit, if you have been able to survive all those aspects of the life that did surround you during your lifetime which were not of a benefit to you but rather were a hindrance to your life upon the Earth. And as you now continue upon this Spiritual Journey that you have undertaken, you are finding that more and more you are able to ward off those things of a negative nature and simply proceed forth knowing that what you are receiving is of a positive nature and is that which is God-given, for you have the ability now to choose and to ask for those things that are good only for you...those Truths that are good only for that which is your Spirit Within. And so with that said, JEY would ask you simply to meditate on those thoughts as you now will allow another to come to your midst. JEY comes to be with you each time and to bring to you a Spiritual message and a Spiritual energy; and often there are others who have a need to be with you. And so JEY would ask you to be accepting of that and to know that JEY allows only those who come to you in the Will of the Creator. Be at peace now and continue to be in a time of meditation.

AMEN! ALLOW THIS ONE TO COME AND BE WITH YOU AND COMMUNICATE WITH YOU, FOR INDEED THIS ONE HAS COMMUNICATED WITH YOU MANY TIMES IN THE MEETINGS PAST. And know that as you have been in a time of reading those words from the printed page, you have indeed received a message from that one who is MESSENGER at this time. Again, this one comes to be with you as MESSENGER OF THE CREATOR and would ask you to be open to these Truths that can be given to you at this time. You not only have been able to re-read that which has been given to you in the past, but you

have found a way of discussing those Truths that were given in an aspect of accepting those Truths. You are now searching deep within self for that which will help you complete your journey upon the Earth Plane without interruption, without more of a negative way of viewing things upon the Earth. This one would encourage you to seek, each day of your life, for that which the Creator would have you accept and to experience upon the Earth. Often you go along without thinking that you can accept so many things that can be given to you; but know that as you experience this journey of Spiritual growth upon the Earth, you can ask for those experiences that will enrich your Spirit, that will strengthen your Spirit, and would help you to overcome all things that do not expose your Spirit to that for which it returned to Earth. You can do this; it is possible for you! And as you do so, you will find that as you ASK for those experiences of enrichment, you will RECEIVE those experiences. In the same way you can ask for all negative thoughts to be taken from you; and as you do so, they can be replaced with those positive aspects that will enrich your Spirit.

It is known that many of you do have a problem with regard to the thoughts that go through your mental self and come from your own mental self each day of your life. Do not accept those thoughts! That is not what you are here for. Simply put them aside and ask that they be replaced with Truth and good, for indeed they can be replaced and you can indeed seek that you not accept anything of a negative nature.

What this one who comes as Messenger is saying to you is that you have control over what you think and do upon the Earth. Do not allow others who are Spirit-in-Body to interfere with your lifetime upon the Earth. This is YOUR lifetime, not the lifetime of some others who may try to interfere with your Spiritual Journey. Simply say "I will not accept that which is negative in this life, for I indeed I want to proceed in a very positive time of life upon this Earth, and as my Spirit leaves the body I wish to take from my life on Earth that which is positive and good and that which has added to the strengthening of my own Spirit upon the Earth." You have the ability to ask for and to accept those things. You do not need to continue to carry with you the burden of negative thoughts or anything that adds to that which is not a positive aspect of life upon the Earth. Know that your Spirit Within is one of great power, one of great ability. And as you allow that Spirit to guide you and guard you in spirit each day, you will be so amazed at how life can change for you, what beauty it can hold for you, and what knowledge you will obtain simply because you allow your Spirit to guide your every thought, your every step during any day of your life. And so this one comes to give you that assurance....that if you SEEK for that which is good in your life each day, if you SEEK for that which is the guidance of your own Spirit each day, you will receive it. All things negative will fall away, and you will be given a clear path to accomplish your Spirit as it travels within your body upon the Earth. You are an individual of real beauty upon the Earth. The REALITY of you is enjoying to the utmost the fact that you have chosen to follow after Truth and to seek after Truth. You are, as a mental and physical being, giving your Spirit the opportunity to increase in wisdom and understanding and to look forward to return to the Spirit Realm rejoicing, for indeed you as a physical and mental person have given your Spirit that opportunity. Continue to do so! Continue to seek after and accept only those things of a positive nature. Do not let any other ability that you may have toward accepting negative things further impede your journey. We who are in Spirit will be assisting you. We will in fact be in prayer for you, for yes we do pray in the Spirit Realm even as you pray upon the Earth; and allow your Spirit to reach out to those of us who are in Spirit.

We thank you for your prayers and we do ask that you continue to remember us, even as we remember you in our prayers. This has been said in Love, in that which is Unconditional Love. You often look upon your life as being filled with those things of a negative nature which is not lovable. Such is not Truth. You are beings of much love, and you reach out to help others which is also showing that you are beings of Love. Whatever you do in Love creates that which is additional Love in your own life. Let it continue to be so. Be filled with Love. Allow others to know your Love and your Care, and you will find that the days ahead of you will indeed be joyful

and will indeed touch everyone who comes into your presence. And so this one comes, in Love, to you and in Prayer for you in all the time of your life upon the Earth. Be at Peace and go in Love.

JEY returns and does indeed give thanks for that one who has come. You are so blessed as Spirit in Body to be able to receive information from those who come as Messengers for the Creator, for they indeed are Light beings that can come and be in your presence and bring the Unconditional Love that the Creator does provide for each of you. Give thanks for those who come from the Creator, for they have enriched your life and they will continue to do so. Be at Peace now. Know that JEY has come in Love and would ask you to go in Love. AMEN.