

June 25, 1998

JEY is here and does come at this time to be in your midst and again gives thanks for that opportunity. JEY does not have at this time that which you would consider a lesson to give but simply comes to say that as each of you are now well aware of your purpose upon the Earth and the help you can receive from those of us in Spirit, it is possible for you to take charge of your life on Earth to the extent that you can create for self those opportunities that are needed.

Know that as you have the opportunity now to go forth from this place to that which would be a return to your own home, you have the opportunity to create for self that which is a safe journey. It is in the creation of those thoughts that you do cause those things that you think about those things that you create... you can indeed then cause them to occur. If you would think upon the positive aspects, know that can be true. But it is also important that you realize that as a Spirit in Body you are responsible for the actions that your body takes. In other words those of us in Spirit are well aware that your own mental aspect can indeed affect the actions of your body. And so if you then are willing to allow your mind to create a scenario for you, then you must be sure that your body follows through with that which you wish to create. It is possible, therefore, for one to have the intent of creating a specific thing upon the Earth Plane; but know that if you in turn do not cause the body to react in the way that it needs to react, those intentions cannot be brought to fruition.

It is important for you to understand that thoughts in themselves are powerful; but you who live as Spirit in Body must allow that which is the physical self, the mental self to work together in order that these things may be brought to life.

It is important for you to understand that simply because we who are in Spirit can help you in knowing the Truth of those things that can be does not mean that you are void of all responsibility for your life upon Earth! You do continue to have such responsibility.

We who are in Spirit do help you in all the ways that we can; but we do not take from you the opportunities that you need to be responsible. And so that is your act of responsibility... by giving a measure of respectability, a measure of knowing that you can control what your body can do at specific times. In other words, what JEY is trying to say is this.... to allow JEY to use an analogy.

Suppose it is your will to have a safe journey home. That is what you would create in your mind. If you, on the other hand, would then proceed to drive recklessly and carelessly, know that such would lead to an accident. You can not expect your mind with the creation that it would wish to make in relationship with that which your Spirit would lead it to do... you cannot expect that to come to pass if you do not take on the responsibility of driving carefully and with good judgment.

And so it is with other activities of your life upon the Earth. This is where you need to allow your Spirit to take control of your actions each day. And as it has been said to you before, if when you arise in the morning after your sleep, after your rest, you would awaken with a prayer upon your heart that you would this day allow your Spirit to control your actions, your thoughts during that day then you would find it would be much easier for you to fulfill which you need to do during the time of your waking. that

And so as this one comes and talks with you in this vein, it is for the purpose of alerting you to the fact that yes, your intentions are good but you must allow your body to take on the responsibility of seeing that what you have created with your mind, with the help of your Spirit, must be brought about through the actions of your body and mind as well. And so even though your intentions are good, the intent with which you seek for something is good, know that you are not void of responsibility to see that those things come to pass.

JEY would say to you that as you now have progressed to the point where you are seeking after being able to create such things with thought, it is important more than ever that you be responsible for your actions.

At this time allow JEY to say this to you as well. Even as you have, upon the Earth, opportunity to know of your purpose upon the Earth... you have come to understand that, you have come to know that you have a purpose... along with that purpose, of course, goes the guidance of your Spirit and the guidance of those who are in Spirit. And still when the time comes for you to be able to fulfill that purpose, if the physical/mental aspect of you is weak, you will not be able to fulfill that purpose... as much as you would like to do so. In other words if you are faced with an event in your area where you know your purpose will be to help others during that time... If you then become weak of heart... If you then become so afraid, so

wary of what is occurring that you cannot take the actions you need to take to fulfill that purpose, then know that you are not going to be a responsible individual.

And so even as you talk about those things that are changes within the Earth and the things which are going to happen, know that you must be able physically, emotionally to fulfill that purpose for which you are here. And so JEY would at this time ask you to be alert to that. Know that each day of your life you need to be strengthened physically and emotionally and mentally... even as it has been said to you in times past.

And so as you attempt now to create within your physical self those things that will come to pass and will be an opportunity for you, know that you will need to be strengthened in all aspects of your life upon Earth. It is important for you to know, too, at this time that even as you see events of chaos taking place in your own country and within others countries around the world, this signals to you that indeed events are occurring now that do indeed have an impact on the changes that are coming in more intensity. You must be ready for those changes. JEY would not tell you that they are coming tomorrow or in the week to come; but know that even as such events are occurring in other parts of your country, they can also occur here.

You are responsible for being strengthened in Spirit and in body and emotions to face whatever is to come. And it may not be a major thing in your own area; it may be a simple thing that you may need to do to help fulfill a purpose of OMEGA on the Earth. There are many occasions where you will be able to help which will require you to be a person of great strength. And so JEY comes to say that to remind you that although your intent may be good, you have to be able to follow up that intent with strength of a mental and emotional nature. They will go hand in hand as you seek to fulfill your purpose.

At this time JEY would simply advise you, to continue in your support of each other, in your seeking after Truth and the future that is to be. It is important that you help others; but it is important that you help yourself at this time as well. Know that JEY and others who are here in Spirit at this time will continue to be in your presence to help you. You are special in Spirit upon the Earth at this time. And even as those who come to you as Spirit in Body... such as those who are Light Being and others... know that they know the necessity of your being prepared for whatever is ahead for you. Listen to what they have to say to you. Go back and review what they have said to you. It is important that you respect that they have been here... that they have made the choice to come and work with you. Give them respect for their dedication to you and your purpose upon the Earth.

Go now in Love, with the knowledge that you continue daily to be in the Love of our Creator, that you continue daily to be in the Love of those who have come in Spirit and who will come to help you. And we ask simply now that you be willing to accept the Love and the help that can be and has been given to you. Go now in Peace. Amen.