

20 May 1998

BE AT PEACE! And know that JEY does come at this time with much Love for each of you and much understanding of those things which you have been discussing. It is apparent to those of us who are in Spirit that those of you who are upon the Earth Plane and who have come together as OMEGA have arrived at a point where you are indeed able to see beyond that which is known to you as your horizon. As we are at this time able to understand the Spiritual aspects of your being, it would seem to you that you have grown in Spirit to the extent where all is possible for you; in other words JEY would say that you have the ability not only to seek after Truth but you have the ability now to KNOW Truth in all its fullness.

JEY would suggest to you that you spend the time you need each day in a period of quiet and simply seek to come to know Truth fully. And as you are able to do so, your Spirit then will have the opportunity and ability to open for you those pages that will allow you to seek fully for Truth. Each day that you live upon the Earth as Spirit in Body you are becoming more and more Christ-like. Indeed the Spirit Within you has the ability now to overcome the earth boundary.. .that which is your body, your mental self, and allow the Spiritual reality of you to become the focus of your life upon the Earth.

It is important that you be able to understand that as you live each day a life that you have chosen to live upon the Earth at this time you are dedicating self to fulfilling the purpose for which you came. And so as you have dedicated self to such, you are now able to allow your Spirit Within you to create within you, within your own physical and mental being, that which is an opportunity to know Truth above all else upon the Earth.

It is important for you not to be one which would simply go out and say 'I am the source of all Truth now' for such would not be the case. You are able to understand all Truth that can be given to you at this time. It is not that you are all-knowing or wise.. .no, that is not the case. But you have the ability to understand Truth. And so as you study those things that are brought to you through whatever source may come to you, you are able to understand the Truths that are in them. At the same time you are able to understand that which is not Truth that may be contained in all such things.

JEY would advise you at this time to be discerning of Truth, to be careful of those things which you accept.. .and yet at the same time remain open to things of Truth. And since you are now at the stage where you are able to know Truth, JEY is very much aware that you will be able to accept or discern as necessary for you to do.

At this time JEY would suggest to each of you as well that as you have the opportunity now to communicate with others who are of like mind that you let those things of Truth that you know to be shared with others who are of like mind. They will come to you as they see the Light projected from you, for it will be very visible. And as they see that Light projected from you and by you they will be led to you. In other words, they will know that they can come to you and participate in this which you now have. They are hungry for Truth as well; and even as you have been able to gain the Truth that you have accept, there are many who are still seeking for Truth. Be able now to share with them. This does not mean that you approach others at all times and say 'I know this or that' and begin to give information. Rather, let them come to you. They will recognize within you that which is of the Creator, and as their Spirit draws them to that Light you will be able to share with them.

Does it surprise you that you have arrived at this time where Light does indeed shine from within you? it should not, for you came to Earth in this lifetime bearing that Light, knowing that you would be able to share the Light with others. And now you have arrived at the time where you have recognized that "This is what i am here for; this is what i came to Earth at this time for." And you should rejoice in that for it is not often that those who are Spirit in Body will be able to recognize that for which they came. They will go many times throughout a lifetime never knowing their purpose nor whether they fulfilled their purpose. And YOU who have been drawn to this which is a gathering of all who came to Earth as OMEGA to be able to fulfill a purpose.. .YOU have been able to find your way. Not only has this been a blessing for you but it is a responsibility, for when you KNOW your purpose, when you KNOW Truth does it not say to you "I have a responsibility now to fulfill that purpose." Of course that is truth.. .you do have a responsibility.

But again with that responsibility you have those of us who can come to you in Spirit to assist you in achieving that which is necessary for you in this lifetime. So you are not alone; but at this time you must not forget that you have within you that which is the choicest of all things.. .and that is your Spirit and the knowledge of that Spirit. And as your Spirit is then at this time where it is able to show forth the Light of

the Eternal Creator of all that is, know that it is important that you allow it to do so. Those who are in your presence will recognize that Light. Their Spirit Within will help them recognize that Light. Again JEY will say that when those come to you, drawn by the Light Within you, be willing to share with them the Love and Knowledge that you have...for others have shared with you that Love and that Knowledge. And we who are in Spirit have rejoiced at the opportunity that we have had to work with you and for you as you are on the Earth Plane. Soon there will come a time when all will return to the Spirit Realm...and JEY would say that JEY uses the word 'soon' in the understanding of the Spirit Realm, but know that your work is not finished for there is much yet for you to do.

But when that which is the reality of you returns to the Spirit Realm...which is indeed around you...know that there will be great rejoicing and you will rejoice with others even as others who have rejoiced as they have returned..., known as OMEGA on the Earth and in the Spirit Realm.

And so at this time JEY would ask that you be willing to allow one other to come and communicate with you for it will express the opportunity of one who has returned to Spirit and is now able to communicate with you through the voice of this one. Simply be at Peace.

JEY will tell you that this is a new experience for that one who has returned to Spirit, but know that with your continued meditation it can occur.

This one comes now with Love and will communicate There is no great need for this one to communicate except to allow you to know that the Spirit of one who was known as OMEGA on the Earth and has returned to the Spirit Realm now comes to communicate and to allow you to know the Joy that will be found when your Spirit returns to the Spirit Realm. And so this one will identify at this time as one who loved each of you and as one who loved especially this one who is voice at this time. Be at Peace. Continue in your meditation for it is necessary that this one feel the energy of your love and the one who is serving now in the capacity of allowing those of us who are in Spirit to use her voice will need the strength that she must have.

This one comes to identify simply by the name that was known on Earth, for you will recognize that name. The name that was given to this one on Earth was simply the name ALMA. This one comes with Love and as this one lived on Earth it was necessary for the body to know that which was the disease that brought the passing of this Spirit again to the Spirit Realm. And that body did indeed know a time of much strain, much suffering. But it was through the knowledge that had been gained by one who was aware of purpose upon the Earth, as one who was OMEGA upon the Earth, that this one was able to bear the suffering and the pain that it was to know upon the Earth. It was through that pain that the one who is now in the Spirit Realm was able to fully identify with that which was necessary. That one had to return to Earth and had to bring about suffering in order for others to see that one can continue in the life work upon the Earth even during the time of much suffering, much sadness. And so this one was able, through Spirit, to complete work on the Earth that was necessary.

It is important that each of you recognize that any suffering that you may have to endure upon the Earth in fulfilling your purpose does not mean that you are not loved by the Creator, for indeed since you are OF the Creator you have Within you that Love that can never leave you, the Love that does surpass all suffering that you endure upon the Earth. It is important for you to accept, too, that this body which you inhabit simply is temporary. It does not go with you beyond that which is a separation of Spirit from the Physical body. And so as this one was able then to leave the physical body, this one was aware of the Love not only that existed within the Spirit but also of the Love that all others shared at that particular time.

It is important that you at this time give thought to those who have been in your Love and who have passed on to Spirit, for there are many who would like for you to know that they are indeed at Peace, that they are in complete Love at this time. And there is nothing for them to fear...nor is there anything for you to fear. It is known that you will have many questions, even though you are well aware of your relationship to our Creator; but as those questions arise, know that if you simply ask your Spirit to help you to understand it shall be so. And even as this one now is aware of more things more clearly, still there was the opportunity for this Spirit, while in Body on Earth, to always help the body to go through times that were necessary; and that Spirit now is strengthened way beyond what would be expected simply because of the suffering that the body had to endure.

And so you have nothing to fear as you live upon the Earth. You have nothing to fear in fulfilling your purpose upon the Earth. And even as this one has the opportunity now to come and share with you these bits of knowledge it has been done with Love and the full understanding of Truth. It has been done with the expectation of seeing each of you fulfill your purpose upon the Earth. Accept that. Know that this one has come with Love and would ask each of you to accept that Love. And would ask the one who is

serving now to allow this information to be given to know that her life upon the Earth is guided by Love and that this one will continue in her Love as she endures all that is necessary upon the Earth. Be at Peace and know that this one wishes that each of you allow others to know that this one is now at peace and that this one is continuing to work with each of you who are OMEGA. Allow others to know. Go now in the Love of the Creator and in the Love of those of us who are now in FULL KNOWLEDGE WITHIN THE SPIRIT REALM.

JEY returns and would ask you to be at Peace. You have now experienced a sharing of a Love of one who was much Loving upon the Earth and is much Loving within the Spirit Realm and does come now to share that Love, that experience of Love with each of you. Go now in Peace.