

January 3, 1998

JEY is here and is alert to your thoughts at this time. Now give attention to the need to communicate. There is a time in your life at this time when you are attempting to help others to the extent that you are not giving the time that you need to your own Spiritual life. Give attention to allowing more time for meditation, for therein lies your strength. Allow your thoughts now to be quiet in order that JEY may continue.

JEY is now aware of your attempts to be in a time of quiet and to withdraw from the activities of-the day. Do not be disturbed by those thoughts that would enter at this time. Allow JEY to talk. Surrender your very mental process. Become immersed in the meditation in order that JEY may communicate. Know that JEY does come as your Guardian of Spirit and does come in the will of the Creator. In order for you to communicate in the time to come for OMEGA, it is important that JEY talk at this time.

As you are aware, there are those who are becoming more and more aware of the Earth Changes that are taking place. There is a changing of thinking occurring and there is a great awareness of what is to be. And so JEY would at this time approach this topic with much concern.

As you now prepare to enter into a dialogue with another who is to communicate with you, know that one comes with great Love and concern for those who live upon the Earth Plane, for indeed they must become aware of their need to prepare. And so at this time now JEY would allow another to communicate with you. JEY is aware of your concern that you must be protected from influences other than those who can fulfill the will of our Creator at this time. Know that JEY does indeed protect and allow only those who can fulfill the will of our Creator. Be at Peace. JEY would at this time ask you to be totally willing to provide a time of communication for the one who is in your Love and Understanding.

DO NOT BE ALARMED. THIS ONE DOES COME IN THE WILL OF THE CREATOR AND DOES COME WITH LOVE AND UNDERSTANDING. AT THIS TIME ALLOW THIS ONE TO IDENTIFY IN A WAY THAT YOU WILL UNDERSTAND!

In the years past this one did indeed have a part in your life and in the lives of others in the group that you call your family. It was with great Love and thanksgiving that this one felt a part; and so at this time it is with great Love and thanksgiving that this one can come and communicate with you.

It is the joy of this one to have the opportunity to identify to you and communicate with you. It is the joy of this one to have the opportunity to identify to you as the one who was known to you on Earth as JOHN. And so it is important that JOHN come and talk with you at this time.

JOHN hears your thanks and knows of your love and so will identify again as the one who was in your Love and your Life. There is a time now when you are preparing to face that which is ahead which was known to you and to the one who was JOHN as OMEGA on the Earth Plane. At this time however it looks very near for you and others who must accept that you are to fulfill your purpose upon Earth; and so JOHN is here to help.

Give attention to these words of encouragement and preparation. First, prepare for that which is ahead by allowing all who are in your Love and your life to know that there is now a time when they must be prepared for survival. In other words, it can be through communication from you or through the information contained in other sources; but each must become aware of the need to prepare.

Then allow JOHN to become a part of your life again as one who is Spirit, for it will be possible for this one to help through communication. We who are in Spirit are provided with opportunities to serve those

who are Spirit in Body and JOHN will continue to serve those who are OMEGA. That is indeed necessary at this time. JOHN will address the other need in good time. Ask now what you would with regard to the time and enormity of the Earth Changes.

JOHN would advise this. When those who are in Spirit have the opportunity to observe what is ahead, it appears that the changes are beginning on the Earth. They will escalate to the point where the most dreaded aspects will begin to show, will begin to materialize on the Earth. You have been forewarned of major events such as earthquakes, volcanoes, winds, floods and other catastrophes.

They will occur; but there have been other warnings about those things of disease and those are occurring. There will be no way to control so many of those things; and thus it is important that you and others keep your bodies strong and in good health. And so JOHN would encourage you to provide others with this information.

JOHN is aware of CAROL'S calls for assistance, and so JOHN has attempted to help her in many ways. JOHN can foresee the exodus of those in your Love from the area in which they live. In other words, the one who is Carol and Michelle will find it necessary to leave the area. Do not be concerned about their safety. JOHN is aware that their safety will be protected as will that of Bradley.

John is aware of your thoughts of the one who was your husband on Earth and your continued Love; and those thoughts have strengthened this one in Spirit, for it is through Love and the Loving Thoughts that are sent forth that those of us in Spirit are given added strength and Spiritual Progress that will enable us to move forward and thus become more valuable in our efforts to help others who are on Earth. And so we ask for your Love and Prayers each day, that we may grow in Spiritual Strength even as we Pray for you who are in body. Allow this one to give an additional message as you prepare for the time ahead. Know that you are being given the guidance that you need. It is only important that you continue to give time for your daily times of quiet in order that your Spirit may be able to come forth and give you the guidance that you need. Know that your life is one of purpose and one of service to others who are Spirit in Body; and know that JOHN is aware that you find great comfort in that.

And so at this time JOHN would ask you to simply remember your purpose. Remember the beginning of OMEGA. Recall the times that we exercised our right to follow after the guidance of our Spirit Within and grew in understanding and knowledge that has led JOHN to a time in the Spirit Realm where it is possible now for JOHN to work with you and others who are Spirit in Body. And as others who return to Spirit have the opportunity to continue to work with OMEGA, know that you will become aware of their presence in your life.

JOHN is aware of your thoughts. Consider that your prayers are indeed heard and that they are in turn directed toward those for whom you pray. Give time now to preparing for the day to come and know that in times to come there will be an opportunity for you to communicate with others who have returned to Spirit. JOHN hears. Be at Peace. Know that JOHN will return to help in the future. Go in Love.

JEY is here and will continue to help in the days to come. Be prepared for that which is OMEGA in the days to come and know that JEY would indeed seek to communicate. Go now in Peace. Amen.