

## November 25, 1997

JEY is here and will come at this time to communicate with the one who is here as Joyce. Allow your heart and your mind to be open, for it is at this time that JEY will seek to give information and allowing another to come to your presence with information that will provide for you peace within your heart. Know that as JEY is here, there are others here in your midst as well. They come to bring to you peace and love and healing that can be given to you in a Spiritual way. It is important that you understand that JEY comes with Love and does come in the will of the Creator; but above all, JEY does come understanding the frailties of the human body inasmuch as this Spirit which is now known to you as JEY has many times lived upon the Earth in body and has known those things that can attack that which is the human body. It is not for you who are here as Spirit in Body to determine all that you must undergo while you are Spirit in Body upon the Earth; but the important thing for you to remember is that you are never alone. There are those who come to you to help guide you through whatever is necessary for you upon the Earth. It is not the will of God that those on Earth should suffer; however, it is known that the body is of the Earth and therefore does have the failings and frailties of all aspects of Earth. And so you must be aware of that. Even now you know within your own heart that you have the opportunity at any time that you desire to call upon the help of those of us who are in Spirit to seek for guidance and those things that will help you to get through what is necessary for you upon the Earth. And so JEY would ask that you affirm within your heart that you will be able to do that at all times; that you will be able to call upon your Guardian of Spirit, to call upon your Spirit Within, and ask for those of us to come to you to help you through a problem in your life.. something that needs to be healed or needs to be clarified.. whatever it may be. Know that JEY will come, and others will come to help you. You need only to be aware that this is so.

At this time now JEY wishes to say that as you have been in a time of conversation, it is known that within your heart you have a desire to more deeply experience that which is Spiritual, and so it shall be as you continue to seek after things of Spirit, to seek after understanding. You will indeed be able to experience those things that are more Spiritual and will help you in this lifetime. It is for those who are seekers of Truth that JEY has come to be with those who call themselves OMEGA, for it is through seeking that one does find.. even as it has been said in your Scriptures that if you wish to find you must seek. And so it is that you who are indeed an ardent seeker of Truth will find that you will receive the Truth which you are seeking.

JEY would at this time ask another to come and communicate with you. It is important that you keep an open heart and mind and accept that one who will come, for indeed that one will be able to help you at this time. Be at Peace.

AMEN! This one comes to you simply as one who is known in the Spirit Realm as one who is a BEARER OF LIGHT, and this one comes to involve you now in an exercise that will help you in overcoming the fears that you have, difficulties that you have at this time. This one would ask you now to open your heart fully. Have no hesitation in opening your mind and allow this to take place in your life. This one who comes now as a BEARER OF LIGHT would tell you that the light from the Spirit Realm does indeed have the ability to soothe you in this life, to provide for you a needed energy in your life. And if perchance you are open fully to that which is healing, to bring you that energy that would help your body to be more fully healed. This one is aware that there are those things that occur in life on Earth in body that are in need of the help of those who are prepared and educated in the field of healing through means that can be provided by human. But know that as you now are here and you have an understanding of Spirit, this one can come to lead you through that which would help you receive the healing energy that can be brought to you.. which is a light. And so this one who comes as a LIGHT BEARER would ask you simply to relax, to know that you are in the Love of the Creator, to be at Peace, to surrender all that you are and all that you ever hope to be to the care of the one who is the Eternal Spirit. Simply surrender to that one totally at this time. Hold back nothing. Offer all that you have and all that you are. Give this as an offering to the Creator of us all. Ask now that you be surrounded by the Love that can be provided for you...a healing light.. a loving light that can provide for you all that is necessary for you at this time. See yourself enclosed in this light. Feel it entering every inch of your physical body. Feel it entering into the inner core of your body. See it supporting you in every way that it can. Offer up yourself and accept in return the beauty of this Light. Be not afraid.

This one would say to you that you have been able, against many odds, to find your way upon the Earth to that which is a Closer Relationship, a Greater Understanding of Your Relationship to the Creator of us all. Know that as a result, you are now privileged to allow Spiritual energy to be given to you, the Light of healing, of Love, of Understanding to be given to you; and you in turn now can internalize that Light that is surrounding you and entering you in the core of your being. Accept it. Know that as you now are accepting, so it is that it is freely given

to you as well. Never forget that in the days to come, as you seek a time of quiet with that which is your Spirit Within, you need only to invite this Light of Love and Healing and Beauty and Peace to enter your body. You will find then that your own Spirit will grow and be able to more fully control your life, your love, your energy and your body. Be at Peace with that and know that even as you are being given this Light and this Love, know that as well the voice that is being used will feel also the energy that is being given to her at this time. Be at Peace. Do not allow those things of a negative nature to impose themselves upon you. You are a creation of the Eternal Spirit. Think only upon that. Give no thought to things other than that. And if perchance in the days to come you should find that you need additional energy to cope with whatever life upon the Earth brings to you, know that you can simply ask that what has occurred here at this time be repeated in your life day after day. And as you sit in a time of quiet to commune with your Spirit Within and that which is the Creator of us all, know that this can be given to you. This one has come in Love, has come bringing Peace, has come seeking that the Light of the Creator would surround you and enter into your very being. Know that it has been the joy of this one to be here. Accept this. Go now in Peace and Love and in Light.

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