

September 19, 1996

JEY is here and does come now at this time in the will of the Creator and does come for the good of that which is OMEGA. Know that as JEY comes to address those of you who are here, it is with much Love that this one has had the opportunity to be here with you at this time of meeting. Know that JEY is much aware of the needs of those who you have spoken during this time, and know that even as you speak the names of those who are in need those names are then simply impressed upon those of us who are in Spirit, and we in turn then lend our own energy to the solving of their needs. It is important that you recognize that as you send forth the energy of your own thoughts, that energy is then gathered to those of us who are in Spirit; and we in turn send forth the information that you have given to us, and we in turn also have an opportunity to share in the fulfillment of the need of those who were named.

It is the necessity of those of us in Spirit that we be open to the needs of those of you who are OMEGA. Each one who is here as Guardian of Spirit for those of you who are OMEGA has the opportunity to gain from that which is an acceptance of your own purpose upon the Earth, and the acceptance that you are indeed fulfilling that purpose. And so as you come asking for the help of the Creator and for the help of those who are here as Guardians of Spirit, know that such help does then become a reality for you.

It is important for you always to remember as you seek to communicate with our Creator through prayer, that as your thoughts go out and become a part of that which is the Energy Stream, then those in the Spirit Realm pick up that energy and do further help the ones who are in need. As it has been said, JEY is much aware of that which you have been discussing and of those who are in need. And JEY will attempt to help those at this time.

Allow JEY to say that as you have been in a time seeking to understand more fully that which has said to you in the days past, know that you have come to understand those things of Spirit that were given to you. It is important that you simply allow the Spirit Within you to become the guiding force in your life upon Earth, for it is through that guidance that you can receive that you will be enabled to fulfill the mission that has been set forth for you upon the Earth. It is not a difficult task for you to say each day of your life as Spirit-in-Body that you will allow the Spirit Within you to guide your actions and your thoughts that day. And know that it is necessary for you to do.

And as we gather with you at these times of meeting, know that it is our **joy** to simply be in your midst and to know that we are **simply one with you during** this time of meeting! If you could but see us, you would know that we are with you here at this time. There is not anything that separates us from your very being at this time. We are here with you; we understand your needs; we understand your joys; and we understand your purpose upon the Earth. Know that If you simply could reach out and touch that which is the energy that is known to you as your Guardians of Spirit, know that you would rejoice in that as well. But simply take note of this.... that we are as near to you as you are to each other in this circle which is formed In this room at this time. We are **one with you at this time**. Be at Peace with that.

And so JEY would come now to say that **there** is a necessity for another one to address you at this time. And know that as JEY tells you such each time of your meeting, know that JEY has indeed prepared for that one to be In your midst. In other words, JEY has the responsibility as Gatekeeper for OMEGA to allow others to come and communicate with you; but know that there is a preparation that is required, for indeed those who come to share knowledge with you do indeed come in the will of the Creator.. .but JEY must affirm to you that such is the case for your own well being. JEY must affirm to you that all who come to communicate with you do so because JEY must allow them to come, and they do come in the will of the Creator and do come with Truth. And so JEY would simply ask you now to remain In a time of meditation and allow another to come and address you at this time.

THIS ONE WILL COME AND ADDRESS YOU AS SPIRIT OF ONE WHO HAS THE NECESSITY TO BRING YOU A DEEPER UNDERSTANDING OF THAT WHICH IS THE JOY THAT YOU MUST KNOW IN YOUR LIFE. This one would come and tell you that even as the one who is JEY

has allowed this one to be in your midst, there has been an understanding that those of you who are gathered here must indeed understand the purpose of **Joy** in your life. And so this one comes to you as **SPIRIT OF JOY**, and will address you in that which is a knowledge of joy. So at this time, open your hearts, feel free to allow that which is joy to fill your being at this time; and even as this one can come as Spirit of Joy, know that in the midst of all the deeper understandings that you have received, there has often been the lack of that which is the feeling of Joy on your part. Yet, it is known that you are joyful because of that which is your experience upon the Earth at this time.

So this one will say to you that there is always an opportunity for you to feel joy. You have those in your life who fill you with Love each day. You have those in your life who surround you with Peace, who surround you with Understanding and with Knowledge. And even as those of us who are in Spirit can do this each day of your life, so It is that there are those who are in your Love as Spirit-in—body who can also bring such to you.

This one would say to you that as this one lived upon the Earth as Spirit-in—Body, this one knew that which was joy. It was not always that this one knew the purpose of Spirit upon the Earth, but this one did have that which was an appetite for Joy! You must understand that. And even as that which was Joy was

such a part of the life of this Spirit as it was In **Body** that Joy could be brought with this Spirit into the Spirit Realm. And so not only did this one have an opportunity to share such Joy with others who are in the Spirit Realm, but now comes to share with you as well.

It is a time upon the Earth when there is much heaviness of heart, for indeed there is much taking place upon the Earth at this time that does Indeed belie that which is the Understanding of Spirit. There are those upon the Earth who are Spirit-in-Body who tend to mislead mankind; and those who recognize this as this as they are Spirit-in-Body..., those who are well aware that there are many upon the Earth who are tending to mislead..., know that those who do recognize do become downhearted and unable to cope with the extent of what is known to be a misrepresentation of Truth that could be given. In other words, there are those things being said, those things being done that do not give Truth an opportunity to live! You must know that through the actions of mankind, Truth can be.. .as you would say.. .assassinated. In other words, Truth is not allowed to bear fruit, It cannot come from those who are unable to speak the Truth or those who will misrepresent the Truth. And so as that is known, Joy then cannot be felt.

It is important for this one to impress upon you that regardless of that which is taking place upon the Earth, you must not allow the Spirit of Joy within your own life to die. It is important that you feel Joy, it is important that you share Joy with each other as you gather. And so it Is that through your laughter, through your sharing of experiences, you will know Joy that is so necessary in your life. And this one would say to you that in the days to come, when there is to be a gathering of those of you who are OMEGA, know that this one would say that must be a **day of Joy**! That must be a day where you will share your knowledge of Joy, the Joy of knowing your purpose upon the Earth, the Joy of knowing the extent to which your own Spirit Within can guide you upon the Earth. The Joy of knowing your relationship to our Creator, the joy of knowing that we who are in Spirit have the ability to come and work with you.

There are so many Joys that you should recognize and celebrate, for it is Important in your life at this time! There is always an opportunity for you to find much for you to be sad about; but know that those things need not be playing such a lead role In your life at this time. What you are about at this time is preparing to fulfill the will of our Creator for your life, and this will be best done through that which is the Knowledge and Information and Truth that you have received, and which has been so beautifully addressed by another which came to you! And it will also be fulfilled by that which is Joy in your life.

There will come the time upon Earth when there are so many who will not understand the Earth Changes that are taking place. You must be able to smile, to share Joy, to share happiness with those, for it

Is important for then to feel that not all Is gone from this which is the Earth. There is still that which is to be fed in a positive way, and that can be done through the sharing of knowledge. It is Important for you at this time to look around at others who are OMEGA... look upon them.. .and decide within your heart the essence of Joy which they have brought to this which is the group. Even as you are

aware that they have been able to smile, they have been able to share laughter with you.. .this is a way of expressing Joy.

And know that this one would say to you that you **are preparing to fulfill the needs that you must fulfill upon the Earth. Know that as you are preparing, feel now that you are prepared to fulfill that need. Allow Joy to pour forth** from that which is your very being, because you can be joyful. You have **come to recognize** that you are OMEGA, you have Internalized those Truths that have been given to you; and now you are ready for that which lies ahead. Now **express Joy in this Knowledge that you have**, express Joy in your purpose which you have upon the Earth, express Joy in what you are able to do upon the Earth at this time.. .even as you help one who is Spirit-In-Body, express Joy for that. Even as you have done that which has been a good deed for another, express Joy in that.

There is no gain in approaching that which is to be the Earth Change while looking down hearted about what is to occur. You have accepted that this is simply to be a cleansing upon the Earth, a cleansing that Is much needed. And of course you are much aware that there will be many who will return to Spirit. But it is necessary for you to accept that the will of the Creator foreshadows all other things that will take place upon the Earth... .and you must accept that. This one would say to you that you are that which is a gem within the Earth Plane at this time, for even as there is much taking place upon the Earth that would besmear the Earth upon which it is occurring, you can shine as a light, as a gem upon the Earth at this time. Let that light shine, let that joy be felt by others! You now have the opportunity to be a beacon of Joy, a beacon of Light.. .as has so often been said to you.

And so what this one will say at this time is simply this. Go now from this time of meeting with a smile upon your face and with the expression of Joy as you approach others, not only In this group but those who are outside the group as well. It is through that Joy, through the expression of Joy, that others will be led to come to you to simply talk with you and thereby offer you an opportunity to share your Spiritual Journey with them. Know that Joy can allow many to come, whereas that which is a look of gloom will simply drive others away.

So simply transfer into your very being that which is Joy, and allow that which is the gloom to be sent forth from you and overcome by that which is your Joy! Know that this one has come in Joy; this one has indeed been able to express what was needed to be said at this time. And although you may have been looking for a deeper bit of knowledge, such as you have been receiving, It is known in the Spirit Realm that you needed this message that has been brought to you. Be at Peace. Know that this one has come with much Love and has come in Joy, and will remain In your midst. **IT IS GOOD FOR YOU TO LAUGH. IT IS GOOD FOR YOU TO KNOW JOY.** Be at Peace with that and go in Love and In Joy.

JEY returns and does at this time have such deep Love for that one which just came, for that Spirit Is a very Special one in the Spirit Realm. Indeed, it is a Spirit of Joy. And JHEY was well aware of your need at this time. And so JHEY would give thanks for the opportunity for that one to be here to communicate through the voice of this one who is instrument, and would ask each of you to heed that which was the message of that one. It is important.

Know that JHEY will communicate with you in the time to come. Be at Peace. Know that this has indeed been a time of Joy. Go now in Love. AMEN

END OF CONTACT