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NOTE: It has always been my practice, before a meeting of the OMEGA, to be in meditation and to ask my spirit guide whether there is any information that I should give to the group. On this afternoon, I was told that I must allow the spirit within to use energy for communicating through writing.

The following was given: "Know that inasmuch as this one is spirit but is of your body, you will find it more necessary to remain in a time of total concentration. This one would advise that as you attempt to prepare for the meeting of the OMEGA that you seek to be in total concentration; and so it will be that the spirit of Louise will then be able to control your actions and your thinking. It is not for the purpose of disallowing your physical mind to think but rather to prevent the interference of your own physical thinking. And so this one who comes as spirit of Louise would be in a time of total commitment to Truth for you to relate to those who are in the meeting; in other words, it would satisfy the need of those who are in this meeting to allow this one who comes as spirit of Louise to communicate. There is indeed a need, but know that inasmuch as it must be heard by all, this spirit will wait until that time to communicate

(I mentally thought this was a little unusual!) Of course it is unusual for you, but you must understand that in many instances the spirit of Louise has been able to direct thoughts and direct attention through vocalizing those thoughts that are given at the meeting. In other words, many thoughts that come through you by the use of voice and are often thought to be that of mental persuasion are in reality from the spirit within. And so this one is indeed prepared to give information of value that relates to the work of the spirit. Allow it to be so. Know that as your physical and mental self are relying upon the promise of protection from the Creator, there is nothing to fear. Be at peace with this. Now this will be a sign to you. . . that you will find that your concentration will take place rapidly and immediately this one will identify to those present. Give time now to the one who is guardian of this spirit. Be at peace." JEY then said: JEY returns and will tell you that this is indeed to be a time of great joy, but a time of clarifying of many things that have been given to those who are in OMEGA. In other words, they will understand more all that has come. Be not afraid. Know that indeed that which is spirit is of the Creator and only Truth can thus come forth. Go in peace.

The contact during the OMEGA meeting was as follows:

At this time seek to be at peace and know that as you allow the spirit of this one to communicate with you, it is the will of God. Breathe not that which is distaste upon the will of God, but rather allow the Will of God to flow through each of you. Know that as each of you are here gathered, you have within you that which is the spirit of the Creator; and thus it is that you look upon each of you as that which is of the Creator and know that there is within each of you, then, that part of the Creator that is indeed spirit.

And so it is that this one comes to communicate, known to you as spirit of the one who is channel, spirit who is known to you as Louise. But know that this is not just spirit of Louise; this is of the Creator. This is of the Creator. Accept this.

And so as it is possible for each of you to communicate with your Creator by simply allowing that which is the spirit within you to communicate with you, you have access to that one who is the Creator! Know this and understand it. This one comes to communicate simply because this one who is channel has the ability to allow it to be so. And so this one would remind you again that as spirit of Louise, this one can come to remind you that indeed as you communicate with spirit within, you communicate with that which is the Creator of us all.

The purpose of this communication is not to bring lessons as you have received in the past, it is not to identify problems as you have had done in the past, it is not to bring suggested solutions as you have had in the past; but simply to clarify to you that which is the purpose of spirit.

If you who are meeting at this time were simply body, there would indeed be no life within you. You would simply be that which you consider on Earth at this time a robot, which can have no feeling and no love. But inasmuch as the spirit within you is of the Creator, you have been endowed with life. The body which surrounds the spirit within you is then able to move and to breathe and to live and to love. There is no other reason for life within this body. And so you have come here as spirit and are living upon the Earth Plane as spirit in body. That body becomes strengthened as you allow your spirit to more totally control the actions of your body. The mental self becomes more clear, more able to understand fully those things that are necessary for it to understand in the environment in which it lives.

Without spirit, you are nothing. And so the body which is the shell that contains the spirit . . . as that body moves and breathes upon the Earth, know that it is the action of the spirit within the body which allows it to be so. And as that spirit attempts to help you to live more fully the life that you sought to live as you came to the Earth Plane, know that as you allow it to be so it can more fully control the action of the body upon this Earth.

It has been the joy of this spirit within the body of the one who is Louise to again live upon the Earth Plane, to

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again know the joy of being able to extend love, to be able to understand the love of others. It has been the joy of this spirit many times upon the Earth Plane to inhabit the bodies that have allowed it to know the joy of such love. As this spirit would return to the Spirit Realm, there would be the opportunity to know love, but not to the extent that is known upon Earth as you live as spirit in body. What this one is trying to say to you is the value, the pure value of having the opportunity to live in body! This which affords you the opportunity to love, to work, to share, to be of value to your fellow human upon the Earth Plane . And it is often unnecessary for you to attempt to communicate with others outside yourself as you have within you the spirit that is indeed of the Creator which can help you control your actions daily in order that you may fulfill the will of the Creator. . . that for which you came to Earth to do.

This one would like to give you information that would help you to understand more fully your role upon this Earth. As you accept the responsibility of once again being spirit in body, your spirit enters in to the body that has been prepared upon the Earth. At that time you become aware again of the joy of being in body, the joy of loving those who surround you, and the joy of receiving their love in return. And as a result of this love, you begin to grow in wisdom, you begin to grow in your ability to share with those who are around you. This spirit within each of you has indeed grown; but know that you do not come to Earth with those things that are equal in all ways . Know that some of you have elected to be spirit-in-body in various bodies which will indeed share experiences different from others. And so if you came here at this time to this meeting believing that each of you should think alike, should accept alike, should share like abilities, you are wrong in that concept. You must understand that each of you have elected to come here as an individual in body in order to fulfill a need, in order to fulfill a purpose. And so as you attempt to reach out and share and become more like others who are the group this is not as it should be. Follow after that which is your own star! Follow after that which will lead you to fulfill that for which you came to Earth! In order to know more fully that for which you came to Earth, seek within self! Seek within spirit in order that your spirit may be able to guide you, to lead you, to guard you.

This one does not come to give you that which would be strict rules for this, but would simply tell you that as spirit of Louise, this one has known many lifetimes and thus has been able to retain within spirit those experiences that now can help this spirit to help you to understand more fully the things for which this one has come to tell you.

Each of you who are here have the opportunity at this time upon Earth to fulfill those things that have been made known to you. Simply because you have been given the ability to seek more deeply that which is the will of God, you have come here at this time and surround others within the OMEGA, as you know it now, to fulfill a purpose. But unless you seek within yourself to know the purpose for your own life, you will be unable to totally fulfill. You can understand, from those things which you have learned, that you do not come here to Earth perfected, but you come here to Earth for the purpose of learning in order that some time you will be perfected to that point where you need not return to an Earth body. Yet, many of you no doubt find it not within the realm of your reason to think that you would not want to be in body again. You find it much to your liking, much to your joy to be upon the Earth Plane; but this one can tell you that there are beyond this Earth Plane many places that are inhabited by the spirits of the Creator and that you have been allowed to inhabit those places with much joy and much happiness . And so it shall be again that you will experience that joy and happiness.

This one can tell you that as spirit of Louise, there has come upon this one who is channel at this time for this spirit a time where there is great tribulation. And so this spirit would come at this time to satisfy a need of this one and would say simply surround yourself with the love that is within you. Let it fill your being. Let it satisfy you in every respect, because within you is the Love of God, Love of the Creator. And as you then feel those things of much tribulation melt away from your very being, you will fully understand the importance of the spirit within you.

It is not the will of this which comes as spirit of Louise to give you the satisfaction of knowing that you have contributed much on the Earth Plane at this time, but rather to know that each of you are here serving a purpose and that each of you need to fulfill completely that purpose. Understand this as you are lead now to more closely regard that which is the spirit within you and to more fully understand that daily you can communicate with the Creator simply by allowing that which is your spirit within to guide you, you will more fully understand the importance of knowing more closely the relationship of that which is your spirit and the physical body.

This which is the body of each of you will be left behind. That which is known as the personality of each of you will no longer exist in body; but understand that nothing that has occurred in body will be taken away from the spirit within you. There will be total recall, total memory of all that has transpired. And you will understand then, as you return to spirit, why you then go through a period of time where you examine all that you have done upon the Earth Plane. And you weigh those things that were not satisfactory to you against those things that were good and pleasing and satisfactory to you. As you weigh these things, may it be the will of God for your life on Earth at this time that those things which were pleasing to you will far outweigh those things that were not pleasing to you .

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You have an opportunity at this time for your physical body to allow the spirit within you to guide you in every way in order that when the day comes where you again pass to spirit, that which is the spirit within you will find those things of great value will far outweigh those things of lesser value.

And so this one who comes as spirit of Louise seeks to advise each of you not to travel the road that is laid out before you by someone else, but simply to travel the road that is dictated to you by the spirit within you. YOU are the one who are in charge; YOU are the one who must recall all that occurs as you again return to spirit; YOU are the one who will matter; YOU are the one who will take charge of your spiritual life in the time to come. Look upon this as a time of growth, a time of seeking, a time above all of loving and service . You who have had time in this meeting to discuss the importance of service to your fellow man will at this time give greater meaning to it, as you allow the spirit within you to more fully guide your footsteps, as you now accept what has been said.

This one would at this time come to tell you this . . . that as each of you are gathered here and as each one who is OMEGA does read those words that are sent forward to them, you will fully understand the importance of spirit, as this one will again say to you that there is within you that of the Creator which allows you daily communication with the Creator. Consider this!

Know the importance of it! And as you look upon others who are spirits in body within your acquaintance and within the area in which you live, look upon them as that which is indeed of the Creator and send forth your love to that spirit. You must understand that your spirit can indeed communicate not only with you but with others to whom you send forth your love.

As you allow it ego be so, they will be touched by you. They will understand that which is the Love of God within you. And so it is a very simple thing. . . it is very simple for you to allow this to be done! There is nothing that you need to work at in order to allow it to be so. Simply allow your love, the Love of God within you, to shine forth upon others.

This one does not come to bring you that which would be a breath-taking experience at this time, but to impress upon you the importance of spirit within and to help you to fully understand that which is spirit within you in order that you may indeed live this life that you have been given upon the Earth at this time more fully and more in the will of the Creator. You are NOT alone! Never are you alone, as you can experience that which is Love of God within you. This does indeed provide you with the assistance that you need. But know this . . . it has been the experience of this one who comes as spirit of Louise, down through the many lifetimes that have been lived...it has been the experience of this one that indeed the Love and the Will and the Care of the Creator must be sought for! You are given it, but you must seek for it and ask for it.

You are special at this time in the Will of God, but you must seek for the help of God in your life . Seek not after those things of mankind but rather seek after the will of God and continue in your search for Truth for indeed you can receive it. Indeed it can be given to you. It is now the opinion of this one who has come as spirit of Louise that if you will internalize these things that have been given to you, you will become daily more fully aware of the value of your spirit. And know that this spirit within you is never far from that which is total spirit, total with regard to the spirit realm. Not only is it in touch with your own physical being but it can be in touch daily with that which is spirit in the spirit realm. Allow this to be so. And so as you are aware of this, you can more fully attune yourself to that which is the great joy of the Love of the Creator for you. Open your hearts as you know them to be, open your minds as you know it to be; and simply allow this love and this joy to flow into you, to fill you as it would a vessel, and then to flow out from you to all others. There is much that this one could say, but it is understood by those in spirit and it has come to this one that those who are spirit in body can only accept so much at one time. And so this one would ask each of you to simply allow the spirit within you to come through and communicate with you. It can be so. You are indeed a spirit of great ability. It can be so that your spirit can simply verbalize to you those things that you are needing to know at this time, and guide you in all ways.

This one comes to give you love, even as the one who is channel can proceed with giving love to others. But know that this one comes to give you that which is the Love of the Creator, and your spirit within will fully accept and understand. There will be, in days to come, great joy within each of you. It can be so.

End of Contact